

# CHARTER HOUSE

C H A T T E R

## Coordinator's Corner

by Stephanie T.

Although most of us love Charter House did you know that there are hundreds of other Clubhouses in the United States? There are even Clubhouses in other countries. I was a little concerned recently when not one single member of Charter House signed up for a Clubhouse training in Ann Arbor (which is a very fun town to visit!!)

One of the great things about meeting people from other Clubhouses is that you have a lot in common with them. They do the same things that you do at your Clubhouse, they have a kitchen unit, they have a work ordered day, they have committees, they have a mental illness, some take the bus, some live in AFC homes, some live alone. When you attend a Clubhouse gathering it is like having instant friends.

On August 20th we will be attending the Michigan Association for Psycho Social Rehabilitation Services Picnic at Kensington Park. This year will be the 5th year we have attended. We will be playing Bingo and Waterballoon toss (with \$5 gift certificates as prizes to places like McDonalds or Meijers). There is a beautiful lake there for swimming and the

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food is great!! It is always a fun time and I hope a lot of you will be able to attend.

Something else to look forward to is the annual conference in Frankenmuth on November 18 and 19. This year we are including a "drop-in" room where you can be creative and make something fun!! Also all attendees will receive a notebook and pen because the theme of this years conference is "Everybody Has A Story" and we are encouraging everyone to write their story. We hope to eventually print a book of stories. We want everyone's voice to be heard!!

# COMMITTEES

## NEW FUNDRAISING

We wrapped up the Charter House Raffle. We earned about \$107 to go toward the member account. Upcoming fundraising ventures include selling cards and popcorn seasonings at the Jolly Rd. building. There is a buzz beginning to sound about portrait packages soon to be available at Charter House...stay tuned for details.

## SOCIAL

Social committee meets on Thursdays and this past Thursday, July 30th, we recognized and celebrated everyone who had a birthday in July. Stephanie made two cakes, Jodi frosted one of the cakes, and Janice kept everyone on task at the celebration. During the party, the Big Summer Trip was announced as the member votes were tallied...and the destination is...Greenfield Village!

## PLANNING & EVALUATION

We had a potluck supper on July 22nd. Twelve people attended, three of the people being guests of the clubhouse members. We had BarBQ chicken sandwiches, a strawberry creme cheese pudding cake, a cottage cheese salad, and fruited lime jell-o dessert salad with pineapple, cherries, mandarin oranges, with whipped cream on top. Other items included potato chips with dip and soda pop.

It was a fun time. It was nice to have family members attend the potluck. Next time we would like to play a game, maybe BINGO. We discussed having a potluck every other month. Look for the sign up sheets to see what activities will be taking place throughout August.



*Charter House members and staff at the July birthday celebration.*

# MEMBER SUBMISSIONS

## THINGS FOR PEOPLE

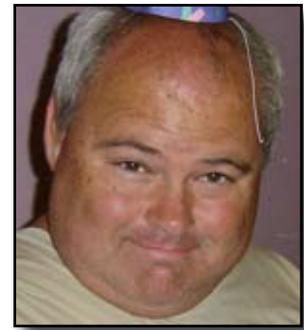
by Serralee L.

We need more people to come to the committees. The committees are; New Fundraising on Monday, Fundraising on Tuesday, Planning and Evaluation on Wednesday, Thursday is Social Committee, and on Friday we have Bingo. All committees and bingo are from 1pm-2pm. We would like a good turn out on those committees. You have to stay in the afternoon, from 1-2pm for the groups. There are lots of choices and we need you there. This is your chance to commit yourself as a voice heard at Charter House.

## WHAT I LIKE ABOUT CHARTER HOUSE

by Mike E.

I like coming to Charter House because I like being active, gives me something to do during the day. I come to Charter House three days a week. I have been coming to Charter House for 18 years, 1 month, 1 week, and 3 days. I have had 5 unit leaders. I like most foods and I like my current unit leader. I like all groups offered at Charter House.



Mike E.

## ALL ABOUT STEPHANIE T.

by Krystal M.

She was born in Charleston, South Carolina to Marsha and Don. She grew up in the country. When Stephanie was little she loved to ride bikes. Her grandmother would pack her dried oatmeal and raisins. When she was a little older, she wished she had studied computers, but she has no regrets. Now she loves to keep busy by reading, scrap-booking, and working in her flower bed. July 17th was her 54th birthday. Stephanie's favorite thing about Charter House is the members.

## ABOUT MELINDA M.

by Krystal M.

She was born in Lansing, Michigan. Melinda loves to take long walks on the beach, do crossword puzzles, loves to play computer games, and watching crime shows on TV. She once moved to Kentucky. What she loves about Charter House is the feeling she is helping people in there recovery.

# Vocational (TE)

## Worker's Seminar

by Laura C.

On Thursday, July 31, 2008, we had a worker's seminar. In attendance were transitional employees that are in paid employment. The topic was work appropriate behaviors. We discussed what some appropriate and inappropriate behaviors would be while on the job. Each employee did a self-evaluation regarding their strengths and weaknesses on appropriate behaviors at work. We also presented Drexel W. with the August T.E. of the Month. Drexel has a strong work ethic, has good attendance, and is very thorough with his work. He has recently taken on additional T.E. jobs such as cleaning ACT as well as cleaning the inside of vehicles. Congratulations Drexel!



Laura Curry presenting Drexel W. with his "T.E. of the Month" certificate.

## August Activities

### Tuesday Night Activities

August 5th

-Lansing Mall and Ice Cream

August 12th

-NO ACTIVITY (F&F Picnic)

August 19th

-Digital Photo Workshop 4-6pm

August 26th

-Movie at Charter House

### Saturday Activity

August 9th

-Garage Sales (12:00 - 2:00pm)

## Recipe Corner

Here is a recipe by Richard Cudney

### Strawberry Gelatin Delight



3/4 c boiling water

ice cubes

1/2 c cold water

1 c. pureed strawberries

1 sm pkg. strawberry/banana gelatin

stir boiling water into gelatin in medium bowl at least

2 minutes until completely dissolved. Add enough

ice cubes to cold water to measure 1 1/4 cups.

add gelatin : stir until slightly thickened.

Remove any unmelted ice.

Refrigerate 10 minutes or until slightly thickened

Stir in fruit. Pou evenly into 6 dessert dishes.

Refrigerate 2 hours or until firm

# MEMBER OF THE MONTH

## DREXEL W.



Drexel was born in New Orleans, Louisiana and moved to Michigan when he was about six years old. Drexel has been a member of Charter House since June of 2006. Drexel started work with the paid crews, in a TE position, at Charter House in September of the same year. Along with being Charter House's Member of the Month, Drexel is also August's TE of the month. Drexel enjoys the company and the sense of family with the members of Charter House. Drexel claims that his best quality is talking, but those that know him know that his work ethic is second to none. One of Drexel's best Charter House memories is the day that he learned he was going to be starting work with the paid work crews. For fun, Drexel enjoys listening to music and CDs as well as collecting both CDs and DVDs. Congratulations Drexel on your well deserved recognition!

*Drexel*  
by Serralee L.

*He is generous and kind. He works hard on his tasks. Everyone likes his work. He has a TE position. He did recycling and still does morning recycling. He does vending, putting pop in pop machines at Jolly Rd. He cleans up ACT, upstairs from Charter House, in a new janitorial position. They already like his work. He does a lot of tasks and he does a good job at work and he always earns a lunch. He has lots of friends.*

**Drexel W.**  
by Mike E.

**Drexel is a nice person. He is willing to try new tasks. He is willing to correct things. He has a nice personality. He has been coming to Charter House since June 2006. He is helpful. He dresses well.**