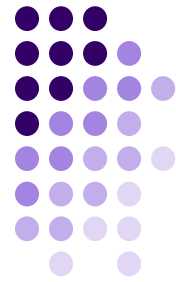


Charter House Journal



Coordinator's Corner

Happy summer everybody! There has been a lot going on here at Charterhouse the summer. One of the most exciting things is that we have had our accreditation visit from clubhouse international. Two people were here one from our clubhouse in Texas and another person from the clubhouse in Wisconsin. They were both named Mark. Their visit was very helpful they were very positive about Charterhouse and they gave us some great ideas. Now we are just waiting for the final results from clubhouse international.

One sad change that has happened, well it's sad for us, but not for Andrea. Andrea has taken a job in another part of the agency with a new program and although her job sounds wonderful we

deeply miss her. Of note, when I was announcing to the group that she had taken a new job the power in our building went out. Then on her very last day here at Charterhouse we had a very bad storm and the power went out again. Andrea worked at Charterhouse for 21 years. She was integral in preparing the clubhouse for our accreditation visit. There's no way to describe how many ways that we are going to miss her. We already miss her every day in so many ways. We wish her the best in her new position and hope that she finds it for selling. But we will always be ready to welcome her back.

In June several colleagues of Charterhouse were able to attend the clubhouse Michigan training that was being offered here in Lansing the topic of the training was em-

ployment and it was extremely helpful. I think I speak for all of us and saying that we learned a lot and feel even more prepared to help more clubhouse members get jobs in the community.

Thank you's this month go out to everybody who purchased popcorn and our popcorn sale. Also a big thank you to Judith Reynolds who has donated many items to our store and to the new art room at Charterhouse Judith is an artist who is retiring and has donated many items to the clubhouse members. Also another thank you to Leela, who has donated many items to the store. Lelah has been moving her household out to the East Coast and has been very generous in giving items to our store so thank you to Leela.

Charter House 38th Anniversary Party

Charter House opened its doors on April 14th 1978. It was the first clubhouse in Michigan. We celebrated this event at the club house this year. We had sloppy joes which was the first meal here in 1978. We had a program where we talked about Charter House and how much it means to us. We also had a memorial where we honored members and staff that have passed away.

When people first walked in we gave them a tour of are awesome club house. Over 60 people showed up (even the Channel 10 News) and it was a great event! What is a Clubhouse? It is a place where we come to learn how to work together. We work every day as a team to make us better people. It is a place where we recover from things we are struggling with. It is a place where we get back on

our feet. You might be wondering how to get involved. You need to be 18 years old and have lived with or are currently living with a mental illness. You also need to have Healthy Michigan or Medicaid. If this sounds like you then come check us out!

Sincerely,

The Charter House family

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July 2016

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Mark from San Antonio Clubhouse

I want to say a big “thank you” to all of the members and staff of Charter House.



all”) have a great thing going here. Everyone has been very friendly and welcoming, and we’ve felt very at home during our time with you. One of the coolest things

about the worldwide Clubhouse community is that no matter where you go, you experience the very special hospitality that all Clubhouses provide.

I hope you all have a great Michigan summer (I’ve heard they are beautiful). If any of you are ever in the San Antonio, please stop in to our Clubhouse and say hello!

Sincerely,

Mark

San Antonio Clubhouse

Employment Supporters Recognized

Sixteen companies were recognized at Michigan’s Capitol building on Wednesday, March 2, 2016 for choosing to diversify their workforce by employing adults who have mental illness with the support of Clubhouse employment and recovery centers across Michigan. Thirteen state legislators presented awards to the companies in recognition of their leadership in choosing to give people who have mental illness an opportunity

to re-enter the workforce with support. The awards were presented in front of a crowd that included over 100 people including Clubhouse members, employers, legislators, family members and allies.

LaShaun Turner from M.S.U. Culinary Services was chosen by Charter House to receive this recognition.

Clubhouses are community centers for men and women

recovering from mental illnesses such as bipolar disorder, schizophrenia, and major depression. Clubhouse members volunteer their time and talents to run the Clubhouse while working side by side with staff colleagues. Many members become interested in paid employment, and so the Clubhouse provides Transitional Employment and Supported Employment through partnerships with local businesses.

Being on the News 6 for Charter House

Hello all you Charter House people! As some of you know I Carrie Moffett was in the news for channel six. They videotaped me asking me questions about Mental Health at the Walk a Mile in Our Shoes Rally. What it was about was Mental Health and Charter House and how we work as Mental Health Recipients and how we help others.

I mentioned how we email certain Representatives like Debbie Stabenow, John Moolenaar and Gary Peters keeping active in our communities. They asked me questions relating to Mental Health and I responded with the fact that I have been coming to Charter House for over 20 years and that we have always helped people find the

right care to help people needing Mental Health and will continue to help people relate.

Carrie Moffett

Letter To Charter House from Marge Greene

Dear Charterhouse Members and Family,

I have been meaning to write you this letter for a long time. There isn't a day that goes by that I don't instinely think about Charter House. What a warm receiving and nonjudgmental welcome I received.

I wasn't in a very safe place at the time in my life. I was too sad with no hope and severely depressed. I cried the entire night before coming and the whole day at Charter House. At the time my social life was over and I would never be able to communicate or work again. Little did I know that Charter House was a God Sent for me? Very

slowly I began to regain my social skills and communicating. I found I could be taught new skills with encouragement, patience and the kind loving members, and staff.

Charterhouse has become my safety net Mon thru Fri. Recently I was asked to leave CMH along with so many others because of the budget cuts plus I was a Medicare Recipient.

What would have become of me if this was the case for me today? I am not sure I would even be alive as I had a diagnosis of severe depression and anxiety. It was through the recommendation my

therapist at CMH that I was able to attend Charterhouse.

Charterhouse gave me a new lease on life. I was recommended to work at CMH as a file clerk. I had no clue what was expected of me, but I was ready to learn. I would work again then another recommendation was asked for me to take a job at MSU's Brody Hall. It was a dream come true as for 35 years of my life was spent in the Food Service Field. So thankful, so grateful so blessed was I at Charter house was the major corner stove

Marge Greene

Note from Fallon

Before Charter House I was homeless and was very depressed and off my meds. I ended up in the hospital. Charter House has helped me in so many ways, one is to keep me from hurting myself and also I'm not as down and out like before. It has made my life a lot better now. Charter House rocks and (is) so much fun. I've met so many new people it's awesome. Everyone is so supportive here and they help so much here.

FunTyme Activity

On May 25th Charter House and I went to FunTyme. It was a very hot and humid day. Stephanie and I went to the batting cages. It was my first time at the batting cages. I did a great job hitting the balls. I felt really happy hitting the balls getting my frustrated out on them. I had a candy bar, green tea and a ice cream bar. I wanted nachos but they didn't have any cheese. I was really bummed. The group and I had a great time. We all did what we wanted.

Lynn

Fourth of July Outing

On the July 4th, 2016 holiday, a handful of us went out to see a matinee at the movies. I saw the new Tarzan movie, and some went to see Independence Day 2.

Tarzan was OK, the plot was a little thin, but I enjoyed getting out.

Afterwards, all of us went to a burger place called 5 Guys Burgers and Fries. I ordered a bucket of Cajun fries.

It was a very great outing, and it happened to be on my birthday! It was one of the best birthdays yet...

I hope we can do this again soon.

John Hignutt

Charter House

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Funding For Clubhouses > Lynn

On Tuesday June 28,2016, Stephanie and I went to the state library for a meeting about the issue of only people with Medicaid being able to attend clubhouse. There were around 6 different clubhouses represented there. The clubhouse money in general funds has been used up .So now we need to come up with different ways to get money so everything can come back to the clubhouse. Some ways to get help on money are: 1. Create an endowment fund. 2. Partnering with hospitals to help clubhouses 3. Recruitment of prospective members from Community Mental Health that haven't heard of clubhouse. 4. Holland got a millage in their community to help on expenses.

Charter House Attendance

Charter House's average daily attendance has slowly increased over the past few months. It's still not where we want it, but it is improving.

