



# Charter House Journal

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## Coordinator's Corner

Next advisory board meeting is December 7th.

Reminder: Thanksgiving Dinner will be held at Charter House at noon on Thursday, Nov. 24th. Family and Friends are welcome. Please RSVP to [upperlevelunit@gmail.com](mailto:upperlevelunit@gmail.com) or call 371-2077.

Advocacy. The members of Charter House, your children, family members and friends need your help. As you know people cannot be members at Charter House unless they have Healthy Michigan insurance or Medicaid only, no

Medicare. Week after week people call us who would like to be members cannot be, because of this new rule.

The facts are that persons who belong to a clubhouse do better. They are hospitalized less often and for shorter periods. They are happier with their lives. And, clubhouse costs less than traditional mental health services.

I would love to talk with you about how you can make a difference and support our members with a phone call or letter.

The Charter House family will be gathering on Thanksgiving Day to share in a good meal and to talk about all that we are thankful for. If you have no plans, please consider joining us.

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## Uncle John's Cider Mill Outing by John Hignutt

On Thursday, October 20th, a lot of Charter House members, including myself and staff, went to a place called Uncle John's Cider Mill located in St. John's, Michigan.

The autumn attraction is an apple cider press and baked goods store. They also sell pumpkins in the fall. They also offer hay rides, a corn maze and other outdoor activities.

Once we got in the building, you could smell the inviting aroma of donuts and hot cider. Our boss Stephanie bought us cider and donuts, and we all sat together and ate and had a good time.

A few of us stayed indoors and I bought a turkey and bacon wrap sandwich in the food shop that also sold fudge, baked goods,

confectionary delights and Uncle John's memorabilia.

Others braved the rather chilly day and went on the hay ride and a walk around the premises.

Overall, we had a great time. I'd love to go to Uncle John's every year. It was a perfect ending to the month of October and to welcome the winter season.

## Welcome Lewis To Charter House

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Lewis P started Charter House on Friday, October 7<sup>th</sup>, 2016. He has lived in Lansing his whole life. He went to Sexton High School. For fun he likes to watch sports and exercise. His favorite sport is Basketball. He likes Cleveland.

He is into R&B and Rap music as well as some Blues and Reggae. He loves the TV show "Love & Hip Hop".

One of his favorite vacations was going to Mardi Gras in New Orleans. He has worked doing construction, as a janitor and lawn service. He has also worked at fast food places. He is hoping to get a job through Charter House, something that is not boring! He likes dirt biking and has ridden the trails.

He gets along with folks. He is strong and likes to work out. He has used Apple computers

and did really well his first day doing the computer for attendance.

We are happy to have Lewis here at Charter House.

## Certified Community Behavioral Health Center by Lynn Lofton

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I am on an advisory committee to have say and participate in helping Community Mental Health of Clinton, Eaton and Ingham counties to get the grant.

I went September 15<sup>th</sup> to have my say with other consumers, and we came

together to putting what we believe are our strengths and weaknesses.

I went September 19<sup>th</sup> also and we talked out the progress we have with people from all over Michigan.

## Bowling At Royal Scot by Ryan Shank

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We went bowling and had a lot fun.

We were the only one on the lanes and the food was good.

Played one game and we did OK.



## Halo Burger by John Hignutt

On Thursday, September 22nd, a handful of us Charter House members and our coordinator Stephanie decided to try out a new place called Halo Burger here in Lansing.

They had a vast array of foods, like a big selection of specialty burgers. I had the crispy bacon and onion

ring cheeseburger, and a side of onion rings.

After we ate, Stephanie took us out for a nice drive around town and we saw some sights.

Overall, the event was awesome, and the food was cheaper than I thought it would be.

Until next time!



## Holland, MI Big Summer Trip by Ryan Shank

I went to Holland, MI with Charter House.

We made scented candles and went shopping. I



bought a book and candy and then we went to the beach and we went into the waters of Lake Michigan.

Then, we went to lunch and went home. We finished a movie on the bus.

Finally we went back to Charter House.



## Charter House

*Where Everyone Has A Voice!*

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### Working Active Membership

