

# CHARTER HOUSE JOURNAL

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## TIMES, THEY ARE A CHANGING... >> CHARTER HOUSE

For the past few months, we, as a planet, as a country, as a state, as a clubhouse, have learned to navigate our world in new ways. The first few weeks, if you may remember, toilet paper was worth its weight in gold, forget about hand sanitizer. In these past few months, we learned to adapt to the new normal. We learned newer technologies, such as Zoom, as well as using older technologies, like conference calls. We utilized Facebook more than

we had in the past. We had virtual activities, visited many places and played virtual games. We did all this to keep in contact with everyone. We hope each and every one of you have felt the importance of who you are. We, as humans are social creatures and it is hard to be isolated as we have been. With that in mind, we, as a group of staff and members, built phone trees and tried to check in on the welfare of our group.

There have been proposed dates for reopening Charter House, only to have them postponed. As heartbreaking as those postponements have been, know that at some point we will be back together at Charter House. We began making visits to members, however, we look forward to that day when we are opened and see each other again.



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# ACTIVITIES >> CHARTER HOUSE



WEDNESDAY APRIL 22, 2020 4PM

## CHARTER HOUSE VIRTUAL TOUR PALOMAR OBSERVATORY

Join us for our afternoon virtual activity, we're going to an observatory! Get ready to learn about space, telescopes, science and technology. We will be using Zoom to tour together.

**Zoom Meeting ID: 716 475 7449 Password: Spirit**

APRIL 22, 2020



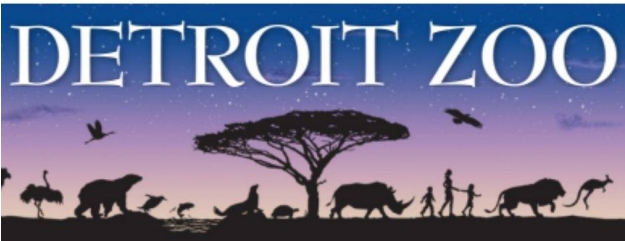
## CHARTER HOUSE VIRTUAL TOUR

Wednesday - May 6, 2020- 4pm

Join us for our afternoon virtual activity. We're going to tour a Tulip Garden! We will be using Zoom for our time together. Don't have zoom? You can call in using the telephone number.

**Zoom Meeting ID: 716 475 7449 Password: Spirit  
Zoom Telephone Number: 1 929 205 6099**

MAY 6, 2020



# DETROIT ZOO

## Charter House Virtual Tour

Join us for our afternoon virtual activity, **Wednesday, May 13th at 4pm**. We're going to the **Detroit Zoo!** We will be using **Zoom** for our time together. Don't have zoom? You can call in using the phone number.

**Zoom Meeting ID: 716 475 7449 Password: Spirit  
Zoom Phone Number: 1 929 205 6099**

MAY 13 2020



## Charter House Virtual Tour

Join us for our afternoon virtual activity! **Wednesday, May 27th at 4pm**. We're touring the **Hawai'i Volcanoes National Park**. We will be using **Zoom** for our time together. Don't have zoom? You can call in using the phone number.

**Zoom Meeting ID: 716 475 7449 Password: Spirit  
Zoom Phone Number: 1 929 205 6099**

MAY 27, 2020



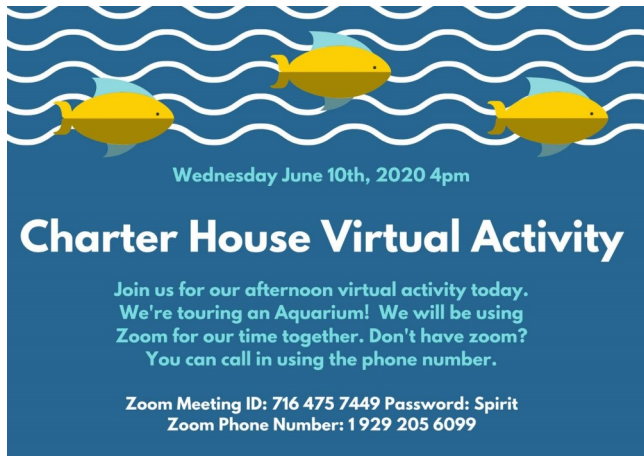
# Charter House Virtual Activity

## GAME NIGHT!

Join us for our afternoon virtual activity, **Wednesday, June 3rd** at 4pm. We're having a **GAME NIGHT!** We will be using Zoom for our time together. Don't have zoom? You can call in using the phone number.

**Zoom Meeting ID: 716 475 7449 Password: Spirit  
Zoom Phone Number: 1 929 205 6099**

JUNE 3, 2020



Wednesday June 10th, 2020 4pm

## Charter House Virtual Activity

Join us for our afternoon virtual activity today. We're touring an Aquarium! We will be using Zoom for our time together. Don't have zoom? You can call in using the phone number.

**Zoom Meeting ID: 716 475 7449 Password: Spirit  
Zoom Phone Number: 1 929 205 6099**

JUNE 10, 2020

ACTIVITIES (CONT) >> CHARTER HOUSE

WEDNESDAY JUNE 17TH, 2020 4PM

### Charter House Virtual Activity

Join us for our afternoon Virtual Activity! We will be taking a NASA Space Tour of the planet Mars. We will be using Zoom for our time together. Don't have Zoom? You can call in using the phone number.

**Zoom Meeting ID: 716 475 7449 Password: Spirit**  
**Zoom Phone Number: 1 929 205 6099**

JUNE 17, 2020

### CHARTER HOUSE VIRTUAL ACTIVITY!

JOIN US FOR OUR AFTERNOON VIRTUAL ACTIVITY! WE'RE HAVING A GAME NIGHT! WE WILL BE USING ZOOM FOR OUR TIME TOGETHER. DON'T HAVE ZOOM? YOU CAN CALL IN USING THE PHONE NUMBER.

**JUN 24 4PM**

**ZOOM MEETING ID: 716 475 7449**  
**PASSWORD: SPIRIT**

**ZOOM PHONE NUMBER: 1 929 205 6099**

JUNE 24, 2020

WEDNESDAY- JULY 1ST, 2020- 4PM

### GAME NIGHT

Join us for our afternoon virtual activity. Game nights have been so much fun & competitive- we're doing it again! We will be using Zoom for our time together. Don't have zoom? You can call in using the phone number.

**ZOOM MEETING ID: 716 475 7449**  
**PASSWORD: SPIRIT**  
**ZOOM PHONE NUMBER: 1 929 205 6099**

JULY 1, 2020

WEDNESDAY - JULY 8, 2020- 4PM

### Charter House Virtual Activity

Join us for our afternoon virtual activity. Game nights have been so much fun & competitive- we're doing it again! We will be using Zoom for our time together. Don't have zoom? You can call in using the phone number.

**Zoom Meeting ID: 716 475 7449 Password: Spirit**  
**Zoom Phone Number: 1 929 205 6099**

JULY 8, 2020

We've been busy doing all sorts of fun stuff, check it out!

You can find dates and times on our Facebook Page and Members Group

[www.facebook.com/recovery.begins](http://www.facebook.com/recovery.begins)

[Charter House's Members Group](#)

## ACTIVITIES AGAIN >> CHARTER HOUSE

Charter House has started having a committee meet every Thursday morning to discuss upcoming virtual tours that we can take. Charter House had their first one on Wednesday 4/22/20 at 4 PM. We used the Zoom app so that all of us could participate as a group in touring the Palomar Observatory. The Palomar Observatory has the giant telescopes with one of them being the largest telescope in the world. The Hale

telescope is 200 inches in diameter. The Samuel Oschin telescope is 48 inches in diameter. The Palomar 60 in telescope. Through the Zoom app we were able to change the camera angles so that we could look at the telescopes from different angles. We were able to tour different rooms in the observatory and were able to look at different pictures in the rooms. Some of the pictures had information on what the picture

was showing. One such talked about what a Quasar is: a massive and extremely distant celestial object that is emitting exceptionally large amounts of energy and has a star like image in a telescope. The next virtual tour that the Activity Committee decided on is to tour the Tulip Festival in Holland Michigan. That tour will take place on 5/5/20 at 4 PM. We'll keep you posted on how the tour went.

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## SAN DEIGO ZOO >> LYNN L.

I did the virtual tour today with Charter House. We was going to doing the Detroit zoo but didn't work out so we went to the San Diego zoo instead. We saw a lot of live cams. I liked the panda one it was my favorite animal. We seen baboons, penguins, polar bear, koala bear, rhino's, platypus and elephants. There was at least 8 of us, 5 members 3 staff. We was on for a hour it went by really fast. I didn't want it to end it. I had a great time seeing the members and staff and the animals. I believe everyone liked it.

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## EDUCATION SURVEY >> CHARTER HOUSE

While we have been away, we were able to take a step back and find new ways to do things, perhaps better, or more fully than we have before. One of the areas we need to work on is our Supported Education. Everyone has something to offer. Everyone. Our previous Education Survey did not drill deep enough to get a good picture of Charter House's needs in the way of education. We began redesigning the survey

to address deficits that were in the original survey.

The Education Survey is simply a tool we use at Charter House, to help focus our energy in the direction that is most important to the membership. With the information gathered in the survey we can tailor our Supported Education program to meet the needs of the membership.

We found one other thing that was lacking was directly

inquiring what skills or talents the membership may have, in which they are able to teach or educate someone else about. Now, not everyone feels like they can be a teacher, but if you have knowledge or some skill, then we can work together at helping you teach that to others.

## WEEKLY SCHEDULES / DAILY AGENDAS >> CHARTER HOUSE

Here are the Weekly Schedule for Charter House teleconference meetings as well as the Daily Agenda/Script.

### Charter House Schedule

#### ➤ Monday

- **2pm** Recipe Sharing Group  
(George, Dan, & Josh)

#### ➤ Tuesday

- **10am** Job Club (Brandi & Gail)
- **2pm** 2<sup>nd</sup> and 4<sup>th</sup> Tues  
Clubhouse Improvement  
(George, Dan & Josh)
- **2pm** 1<sup>st</sup> and 3<sup>rd</sup>  
Tues Newsletter Group (Sean & George)

#### ➤ Wednesday

- **2pm** Member Recruitment  
(Brandi, Sean & Josh)
- **2:30pm** Wellness Team (Kim & Josh)

#### ➤ Thursday

- **10am** Job Club (Brandi & Dan)
- **2pm** Advocacy (Kim & Dan)

#### ➤ Friday

- **2pm** Outreach Review  
(Sean, George & Josh)

\*\*Meditation Monday-Friday @ **3pm**

\*\*Daily House Meetings M-F @ **9am & 1pm**

\*\*All meetings accessed by Dialing **(425) 436-6388**  
Enter the Code **586633#**

### Unit Meeting Format

First 10 minutes – Fellowship

Pick a Meeting Leader and Co-leader

Roll Call

Colleague Check-in

Updates

Agenda Items

Committee Updates

Upcoming Committees

“Is there anything we can help you with?”

Joke of the Day

Fact of the Day

Quote of the Day

Weather Report (9 am)

Task Sign-up

- Fact of the Day
- Joke of the Day
- Quote of the Day
- Weather (1 pm)
- Facebook
- Newsletter
- Phone Tree Outreach

# CHARTER HOUSE

WHERE EVERYONE HAS A VOICE

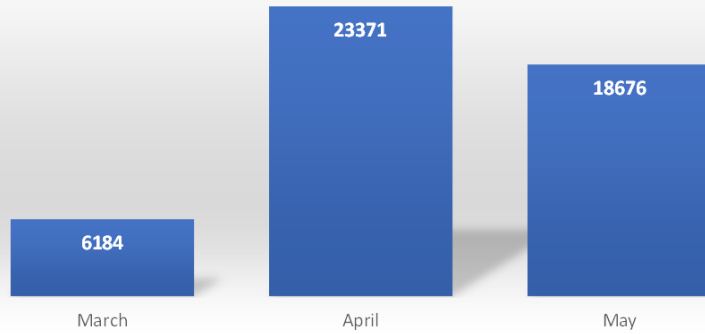
606 W. Shiawassee St  
Lansing, MI 48933

Phone: 517.371.2077  
Site: charterhousemi.org  
E-mail: charterhouse78@gmail.com

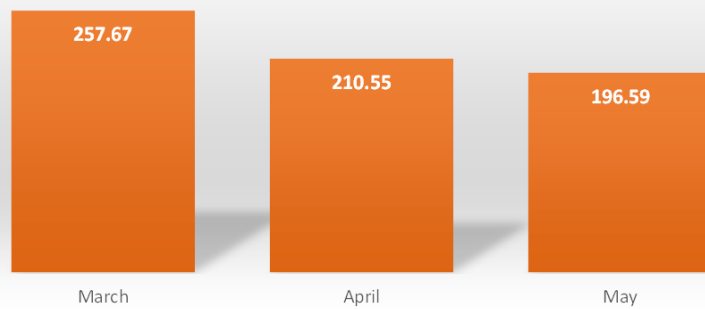
 [facebook.com/recovery.begins](https://facebook.com/recovery.begins)

## Data Corner

### Totals Minutes via Phone Calls/Meetings



### Avg Daily Minutes via Phone/Meetings



### Virtual Activity Attendance

