

Charter House Newsletter

February, 2023

Charter House Clubhouse

606 W Shiawassee St, Lansing, MI 48933

(517) 371-2077

Charter House is having the 45th anniversary!!

April of 2023 Charter House will have been open for 45 years! We are in the planning and fundraising stages of the process. We have held 3 meetings so far to go over the food options, the maintenance needs, and who all we are inviting. The 45th anniversary will be an exciting and a large event for all involved.

Where: Charter House Clubhouse

606 W Shiawassee St, Lansing, MI 48933

When: TBD

What time: Will be announced soon



Special points of interest:

- * Charter House 45th anniversary!
- * Interview with Lower Level
- * Wellness in Lansing!
- * Chili Lunch and Bake Sale
- * Accreditation!

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Wellness in Lansing!

For those who aren't aware, there is a Yoga Studio called Just B Yoga that offers classes for meditation and tai chi on donations. They have offered this in the Lansing area since 2010. Just B Yoga is located at 106 Island Avenue, Lansing, MI 48910 and they

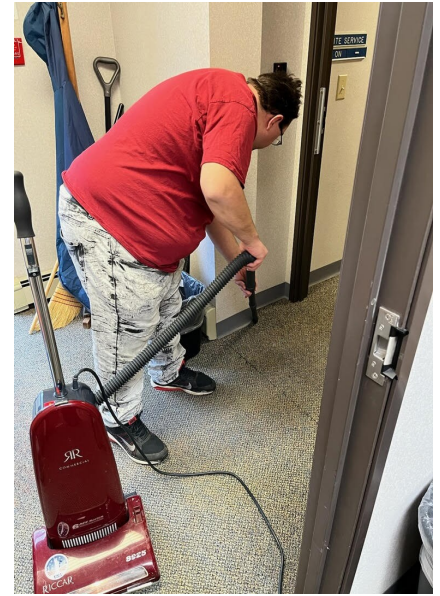


have a contact phone number of 517-488-5260. If you are interested in hearing more about them, some of our members have attended, such as Karen H! You can also ask your fellow members or staff to assist in an online search that will take you to their web-

site and has pictures and explanations of the different activities, and also a section to email Just B Yoga! This is a great wellness activity, to keep up with muscles, and help all who are at different levels in their wellness journey!

Charter House- Transitial Employment- The Crew By: Justas S.

I have been working on Charter House's Crew. For about a month total. I do vacuuming. I like my supervisor, his name is Dean. He is a nice person. He took me home when my car was in the Auto body Shop for two weeks and took me to work everyday. Over all I am happy to be on the crew.



Pictured above: Justas S. Vacuuming during a day working on The Crew

Accreditation Process By: George Hatter

Charter House recently had a visit from Audrey Lavine from Fountain House in New York city and Joe Shaffer from Independence Center in St. Louis Missouri. These two faculty staff were visiting from Clubhouse International for an Accreditation visit to see how well Charter House adheres to Clubhouse International Standards.

We get these visits every three years. Depending on how well we are adhering to the Standards, we will either not be accredited, get a three-year conditional accreditation where we will need to work on some recommendations from the visiting faculty staff in order to become fully accredited, or we will be fully accredited.

In past accreditation visits, we were given three-year conditional accreditation. Each time we were given one year to work on the recommendations. After we working on the recommendations, we submitted a report on all the work that we did and were then given

full accreditation.

Audrey and Joe said that they felt very welcomed here and were very impressed with the side by side work that is done at Charter House. They had some suggestions and ideas on things we can work on. Audrey and Joe gave us 5 recommendations on standards that we were not as strong at as we can be. They said that they will fill out their official report and talk with Clubhouse International to give us an official determination. We should get that determination sometime in late February or early March. We look forward to seeing what is on the official report and working on the recommendations that they give us. We know that this will only make us a stronger clubhouse.



Pictured Above: (From Left to right) Audrey Lavine (of New York), George Hatter (of Charter House), Andrew Mueller (of Lansing), Joe Shaffer (of Independence Center), and Asa Miller (of Lansing).

FUNDRAISER FOR CHARTER HOUSE CLUBHOUSE!!

CHARTER HOUSE CHILI AND BAKE SALE

For: Fundraising for our 45th Anniversary Celebration



February 16, 2023 • 11am-1pm
812 E Jolly Rd, Lansing, MI 48910
The Atrium

Cost: \$5.00 for Chili
Chili will come with crackers
Corn bread will be \$1.00
\$.50 for cookies \$1.25 for 3 cookies
& other baked goods



Come Join us for some Yummy Treats!

Charter House is doing a fundraiser for our 45th anniversary event. There will be sign up sheets for helping with this.

Interview With Lower Level Unit

By: Asa Miller & Marrison Swartz

On 1/10/23, we interviewed some of our lower level staff and members at Charter House. We started our interviewing with a longtime member, Mike P. of St. Johns, MI. He described some of his interests like playing a marble card game. He shared that he has 2 cats, Bot and Millie and enjoys watching MSU sports. He spends some of his free time watching McIver and Prison Break, or free riding his recumbent bike. Mike says he likes to travel and

has been to the Apostle Islands, West Virginia, Florida, Tennessee, Ohio, Illinois, Canada, Pennsylvania. Although well travelled he has only lived in St. Johns, and Dewitt, MI. He went to college at MSU to obtain a certificate for Agricultural Technology Livestock Production to assist with the diversity in animals. A favorite song he likes is "What would you do if Jesus came back." Something people would be surprised to know about Mike is that he used to own Hogs, and has had 20+ jobs in his lifetime.

Our other Interview was with a newer staff member, Sandra Youngs originally from Howell, MI. Her hobbies include Hiking, Backpacking, Tree Photography and reading. Sandra has a cat named Bear who she deems, the most handsome. She doesn't watch sports teams but does enjoy listening to all music. She enjoys watching Love on the Spectrum, and Bad reality Romance. Sandra has travelled to Ireland, India, Western Europe, California, and Vermont as well as around

Michigan. When asked what she likes about Charter House, she replied, "Everything, the community, friendship and teamwork. And working for the Nicest boss ever!" She attended College at MSU and received her Masters of Professional Counseling. Something we might all be surprised to know is that Sandra has a twin brother!

Thank you both for allowing us to interview you, and answering all our questions!

Denise's Sweet Treats!

Strawberry Crisp

For the Strawberries:

- 5 cups strawberries (sliced)
- 1/4 cup granulated sugar
- 3 tablespoon cornstarch

For the Oat Topping:

- 1 cup all-purpose flour
- 3/4 Cup old fashioned oats
- 2/3 cup brown sugar
- 1/4 cup granulated sugar
- 1 teaspoon salt
- 1/2 cup (melted) butter

1. Preheat oven to 350 degrees Fahrenheit
2. In large bowl mix together strawberries, sugar and cornstarch until combined, then set aside.
3. In another medium bowl mix together the flour, oats, brown sugar, granulated sugar, salt and butter. Mix until coarse crumbs form.
4. Grease a 9x10 cast iron skillet with shortening.
5. Put the strawberries in the bottom of the prepared skillet and then top with the oat crumbs, making sure it is spread evenly over the top.
6. Bake for about 45 minutes (up to 60 minutes) or until the edges are bubbly and the oat topping is lightly browned.
7. Remove from oven and serve with a scoop of vanilla ice cream if desired! ENJOY!



We're on the web!

[http://
charterhousemi.org/](http://charterhousemi.org/)